

2017 BORN & RACED IN NEBRASKA 10K SERIES

STANDINGS AS OF JUNE 22, 2017

- #1 - LEPRECHAUN CHASE - MARCH 4TH
- #2 - CORNFIELD CORNFIELD - JUNE 17TH
- #3 - HARVEST MOON HUSTLE - SEPTEMBER 15TH

Runners MUST Complete All Three Races in 2017 to earn their BLACKOUT Medal.

FEMALE OVERALL

Place	Age	City	St	#1	#2	#3	Tot
1	38	Gretna	NE	0:41:38	0:40:59		1:22:37
2	24	La Vista	NE	0:43:43	0:41:50		1:25:33
3	38	Elmwood	NE	0:43:18	0:44:24		1:27:42

MALE OVERALL

Place	Age	City	St	#1	#2	#3	Tot
1	27	Omaha	NE	0:32:50	0:34:10		1:07:00
2	29	Columbus	NE	0:35:39	0:36:09		1:11:48
3	41	Lincoln	NE	0:34:47	0:37:43		1:12:30

FEMALE INDIVIDUAL AGE GROUP: 1 - 14

Place	Age	City	St	#1	#2	#3	Tot
1	6	Lincoln	NE	1:04:24	1:04:07		2:08:31
2	11	Lincoln	NE	1:38:27	1:45:37		3:24:04

MALE INDIVIDUAL AGE GROUP: 1 - 14

Place	Age	City	St	#1	#2	#3	Tot
1	12	Tristen Williams Omaha	NE	1:44:34	1:45:52		3:30:26

FEMALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Age	City	St	#1	#2	#3	Tot
1	15	Emma Labenz Clarkson	NE	0:56:35	0:55:09		1:51:44
2	15	Megan Nickolite Lincoln	NE	0:58:25	1:02:02		2:00:27
3	16	Katelyn Goetzinger Bellevue	NE	1:15:05	1:23:55		2:39:00

MALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Age	City	St	#1	#2	#3	Tot
1	17	Vincent Strudl Lincoln	NE	0:48:12	0:52:29		1:40:41

FEMALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Age	City	St	#1	#2	#3	Tot
1	24	Katie Maire La Vista	NE	0:51:00	0:52:54		1:43:54
2	21	Dani Vlcek Lincoln	NE	0:54:38	0:57:17		1:51:55
3	24	Elena Merrick Lincoln	NE	0:54:09	0:58:20		1:52:29
4	22	Sarah Moody Lincoln	NE	0:57:49	0:55:31		1:53:20
5	23	Katerina Reimers Seward	NE	1:00:05	1:01:33		2:01:38
6	23	Kacie Giesmann Gretna	NE	1:06:28	1:01:25		2:07:53
7	24	Ashley Vlcek Omaha	NE	1:06:35	1:01:24		2:07:59
8	23	Shelby Bauers Lincoln	NE	1:03:20	1:05:15		2:08:35
9	23	Linda Sanabria Bellevue	NE	0:59:55	1:09:31		2:09:26
10	21	Taylor Bennett Kearney	NE	1:06:27	1:08:20		2:14:47
11	24	Mackenzie Fiedler Omaha	NE	1:12:38	1:16:35		2:29:13

12	Taylor Kramer	20	Gretna	NE	1:12:29	1:17:43	2:30:12
13	Kayla Manley	21	Lincoln	NE	1:22:10	1:17:36	2:39:46
14	Angie Cook	21	Omaha	NE	1:17:56	1:22:53	2:40:49

MALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Age	City	St	#1	#2	#3	Tot
=====	=====	=====	==	=====	=====	=====	=====
1	Austin Baade	21	Roca	NE	0:41:50	0:42:53	1:24:43
2	Brodie Aden	24	Lincoln	NE	0:49:10	1:09:21	1:58:31
3	Joseph Denicola	24	Lincoln	NE	1:08:37	1:12:43	2:21:20

FEMALE INDIVIDUAL AGE GROUP: 25 - 29

Place	Age	City	St	#1	#2	#3	Tot
=====	=====	=====	==	=====	=====	=====	=====
1	Ashley Wegener	29	Lincoln	NE	0:47:45	0:48:38	1:36:23
2	Cassie Jones	29	Omaha	NE	0:48:18	0:49:23	1:37:41
3	Jennifer Wegener	27	Crete	NE	0:49:32	0:50:46	1:40:18
4	Courtney Rief	26	Omaha	NE	0:51:14	0:54:09	1:45:23
5	Amanda Wilson	28	Omaha	NE	0:54:59	0:52:51	1:47:50
6	Katie Kreuser	29	Lincoln	NE	0:51:53	0:56:03	1:47:56
7	Kimberly Vanbuskirk	28	Fremont	NE	0:48:02	0:59:59	1:48:01
8	Sarah Wheeldon	26	Omaha	NE	0:52:33	0:56:47	1:49:20
9	Taylor Herrington	27	Lincoln	NE	0:53:24	0:56:15	1:49:39
10	Laura Bjornstad	28	Omaha	NE	0:55:38	0:54:06	1:49:44
11	Brooke Koehler	27	Mead	NE	0:54:23	0:55:26	1:49:49
12	Maren Lakers	29	Omaha	NE	1:00:13	0:53:19	1:53:32
13	Marcy Thernes	29	Omaha	NE	0:55:31	0:58:11	1:53:42
14	Haley Gloe	25	Lincoln	NE	0:56:11	0:58:00	1:54:11
15	Andrea Hennings	29	Papillion	NE	0:58:21	0:57:29	1:55:50
16	Erin Golden	29	Lincoln	NE	0:59:18	0:56:33	1:55:51
17	Amanda Reppert	26	Lincoln	NE	0:57:39	1:00:10	1:57:49
18	Rosa Espinoza	28	Lincoln	NE	0:58:22	1:00:50	1:59:12
19	Katherine Neujahr	27	Omaha	NE	0:53:30	1:05:49	1:59:19
20	Jordan Strudl	25	Lincoln	NE	1:00:28	0:59:02	1:59:30

21 Carina Buenrostro	26 Bellevue	NE	0:58:06	1:01:35	1:59:41
22 Danielle Slattery	25 Omaha	NE	0:59:45	1:00:33	2:00:18
23 Samantha Menard	27 Kearney	NE	1:02:26	1:00:26	2:02:52
24 Regina Roebke	27 Seward	NE	1:03:37	0:59:26	2:03:03
25 Kati Kilcoin	29 Omaha	NE	0:59:53	1:03:55	2:03:48
26 Aimee Adams	29 Newman Grove	NE	1:01:09	1:03:11	2:04:20
27 Madeline Keeling	29 Omaha	NE	1:00:17	1:04:37	2:04:54
28 Cara Anderson	26 Omaha	NE	1:02:08	1:03:10	2:05:18
29 Samantha Nice	25 Lincoln	NE	1:06:12	0:59:21	2:05:33
30 Whitney Villines	28 Lincoln	NE	1:01:44	1:05:04	2:06:48
31 Madeline Daehling	27 Omaha	NE	1:06:31	1:00:27	2:06:58
32 Ashley Fleming	26 Polk	NE	1:03:00	1:07:41	2:10:41
33 Chelsea Schutter	29 Lincoln	NE	1:07:14	1:04:37	2:11:51
34 Chelsea Lurvey	26 Bennington	NE	1:04:48	1:07:17	2:12:05
35 Kelsey McSorley	27 Manley	NE	1:04:29	1:08:05	2:12:34
36 Sarah Morman	27 Omaha	NE	1:05:36	1:07:00	2:12:36
37 Nicole Kopocis	29 Elkhorn	NE	0:58:46	1:14:30	2:13:16
38 Kaitlin Jacobsen	25 Lincoln	NE	1:07:38	1:06:52	2:14:30
39 Tina Brown	28 Lincoln	NE	1:05:52	1:09:04	2:14:56
40 Maire Harris	27 Lincoln	NE	1:06:06	1:10:06	2:16:12
41 Emily Estes	29 Lincoln	NE	1:01:20	1:15:07	2:16:27
42 Claire Green	29 Bennet	NE	1:03:54	1:14:05	2:17:59
43 Becky Gammel	29 Omaha	NE	1:06:25	1:15:30	2:21:55
44 Christina Harrison	27 Lincoln	NE	1:09:02	1:14:44	2:23:46
45 Joanna Peters	25 Lincoln	NE	1:12:50	1:14:45	2:27:35
46 Courtney Hohlfeld	27 Glenvil	NE	1:07:21	1:21:24	2:28:45
47 Carli Sabin	28 Lincoln	MA	1:11:10	1:19:03	2:30:13
48 Kristin Weston	29 Omaha	NE	1:13:03	1:18:02	2:31:05
49 Sydney Jensen	27 Lincoln	NE	1:17:13	1:17:39	2:34:52
50 Heidi Fatemi	26 Lincoln	NE	1:22:44	1:18:21	2:41:05
51 Elisha Williamson	28 Lincoln	NE	1:22:26	1:27:40	2:50:06
52 Ebba Mead	26 Lincoln	NE	1:14:38	1:38:15	2:52:53
53 Emily Greening	29 Axtell	NE	1:33:30	1:31:31	3:05:01
54 Kayla Morland	28 Omaha	NE	1:32:33	1:37:51	3:10:24
55 Jessica Kirchhoff	29 Avoca	NE	1:27:59	1:45:05	3:13:04
56 Alexandra Miller	25 Lincoln	NE	1:49:53	1:46:21	3:36:14

MALE INDIVIDUAL AGE GROUP: 25 - 29

Place	Age	City	St	#1	#2	#3	Tot
1	Justin Kelly	28	Omaha	NE	0:41:20	0:43:22	1:24:42
2	Spencer Glynn	27	Lincoln	NE	0:43:21	0:41:26	1:24:47
3	Chad Anderson	28	Omaha	NE	0:44:57	0:47:20	1:32:17
4	Ryan Williams	29	Omaha	NE	0:46:42	0:46:35	1:33:17
5	Garrett Nathan	25	Omaha	NE	0:44:09	0:51:10	1:35:19
6	Alex Manning	27	Omaha	NE	0:52:03	0:43:19	1:35:22
7	Austin Mytty	27	Omaha	NE	0:53:36	0:45:28	1:39:04
8	Jason Hennings	29	Papillion	NE	0:51:17	0:51:30	1:42:47
9	Trevor White	29	Lincoln	NE	0:51:17	0:53:58	1:45:15
10	Michael Vanbuskirk	29	Fremont	NE	0:52:38	0:54:33	1:47:11
11	Peter Metzger	25	Lincoln	NE	0:51:23	0:56:10	1:47:33
12	Aaron Knust	27	Lincoln	NE	0:54:49	0:53:58	1:48:47
13	Ben McGill	28	Lincoln	NE	0:57:11	0:54:38	1:51:49
14	Zachary Leech	29	Lincoln	NE	1:02:13	1:11:30	2:13:43
15	Spenser Otto	28	Lincoln	NE	1:13:43	1:14:46	2:28:29
16	Randy Humphrey	27	Lincoln	NE	1:11:54	1:46:22	2:58:16

FEMALE INDIVIDUAL AGE GROUP: 30 - 34

Place	Age	City	St	#1	#2	#3	Tot
1	Carrie Bostar	30	Lincoln	NE	0:45:19	0:45:48	1:31:07
2	Micki Fries	32	Elm Creek	NE	0:48:35	0:49:25	1:38:00
3	Ashley Pham	34	Omaha	NE	0:51:39	0:50:50	1:42:29
4	Sarah Wall	34	Kearney	NE	0:52:33	0:52:53	1:45:26
5	Karlin Warner	32	Lincoln	NE	0:53:57	0:55:04	1:49:01
6	Jackie Sheets	33	Bennington	NE	0:53:54	0:56:40	1:50:34
7	Heather Steffens	34	Lincoln	NE	0:54:36	0:56:26	1:51:02
8	Heather Weaver	34	Plattsmouth	NE	0:54:18	0:57:53	1:52:11
9	Jennifer Schrader	34	Lincoln	NE	0:55:00	0:59:27	1:54:27
10	Christine Shearman	32	Lincoln	NE	0:53:17	1:01:19	1:54:36
11	Kate Sibson	34	Lincoln	NE	1:00:58	0:53:39	1:54:37
12	Jenna Shepherd	30	Lincoln	NE	0:58:31	0:57:07	1:55:38

13 Lanett Whisler	34 Gretna	NE	0:57:43	0:58:04	1:55:47
14 Jacey Bahe	32 Gretna	NE	0:58:25	0:58:49	1:57:14
15 Lisa Baine	32 Omaha	NE	0:57:12	1:00:25	1:57:37
16 Amelia Lanier	30 Omah	NE	0:59:32	0:58:44	1:58:16
17 Heidi Jezbera	33 Hildreth	NE	0:58:29	0:59:56	1:58:25
18 Christy Reinoehl	34 Omaha	NE	0:58:12	1:00:16	1:58:28
19 Amanda Fangmeier	33 Denton	NE	0:58:02	1:00:33	1:58:35
20 Jessica Wurtz	31 Valley	NE	0:59:11	0:59:33	1:58:44
21 Stacey Shinaut	33 Omaha	NE	0:59:13	0:59:53	1:59:06
22 Deanna Ebmeier	34 Lincoln	NE	0:57:08	1:02:02	1:59:10
23 Christine Caldwell	34 Lincoln	NE	0:58:33	1:01:47	2:00:20
24 Sarah Meier	34 Gretna	NE	0:57:41	1:03:22	2:01:03
25 Erin Schlautman	33 Lincoln	NE	1:04:56	0:57:09	2:02:05
26 Karen Wille	32 Gretna	NE	1:00:33	1:01:52	2:02:25
27 Abbie Kempcke	32 Blair	NE	1:07:30	0:55:50	2:03:20
28 Amy Buckheit	32 Papillion	NE	0:58:11	1:05:38	2:03:49
29 Sara Rosemeyer	31 Papillion	NE	1:02:37	1:01:59	2:04:36
30 Jenn Totic	34 Omaha	NE	0:57:58	1:06:50	2:04:48
31 Jessica Piotrowski	33 Omaha	NE	1:02:59	1:02:37	2:05:36
32 Keri Callahan	32 Cedar Bluffs	NE	1:01:19	1:04:26	2:05:45
33 Amanda Wortman	34 Lincoln	NE	0:59:33	1:06:14	2:05:47
34 Racheal Owen	31 Adams	NE	1:03:46	1:02:02	2:05:48
35 Erin Stokke	34 Lincoln	NE	1:00:56	1:06:30	2:07:26
36 Lisa Matthes	33 Genoa	NE	1:03:07	1:04:30	2:07:37
37 Ashley Harmeier	33 Omaha	NE	1:04:17	1:03:33	2:07:50
38 Mikelle Wankum	31 Omaha	NE	1:06:21	1:01:44	2:08:05
39 Sarah Kirke	34 Council Bluffs	IA	1:01:13	1:06:58	2:08:11
40 Beth Horvatich	32 Hooper	NE	1:01:46	1:06:51	2:08:37
41 Jessica McCollum	32 Omaha	NE	1:04:33	1:04:08	2:08:41
42 Natalie Whitman	34 Omaha	NE	1:07:02	1:02:01	2:09:03
43 Jessica Kempcke	30 Blair	NE	1:07:30	1:01:44	2:09:14
44 Heather Lammers-Nelson	30 Elkhorn	NE	1:01:35	1:09:29	2:11:04
45 Marianne Toovey	33 Gretna	NE	1:03:57	1:07:27	2:11:24
46 Tadessa Pycha	31 Scribner	NE	1:04:03	1:08:07	2:12:10
47 Valerie Vanecek	31 Council Bluffs	IA	1:01:05	1:12:03	2:13:08
48 Anne Sobansky	34 Lincoln	NE	1:06:51	1:06:33	2:13:24
49 Heather Strobe	31 Lincoln	NE	1:03:25	1:10:54	2:14:19
50 Melissa Omar	33 Beatrice	NE	1:05:56	1:08:28	2:14:24

51 Amy Engel	32 Lincoln	NE	1:08:56	1:06:29	2:15:25
52 Kelsey Miller	34 Lincoln	NE	1:09:19	1:06:13	2:15:32
53 Allison McGreer	31 Lincoln	NE	1:09:14	1:06:50	2:16:04
54 Tara Wasikowski	34 La Vista	NE	1:11:03	1:06:02	2:17:05
55 Dana Didde	31 Lincoln	NE	1:05:59	1:13:53	2:19:52
56 Kelsey Engelman	30 La Vista	NE	1:08:38	1:11:19	2:19:57
57 Justine Truckenbrod	31 Elkhorn	NE	1:18:50	1:01:32	2:20:22
58 Anne Petzel	31 Omaha	NE	1:00:36	1:20:52	2:21:28
59 Katie Sewell	34 Lincoln	NE	1:11:28	1:10:40	2:22:08
60 Marisa Gibb	34 Omaha	NE	1:11:25	1:11:11	2:22:36
61 Stefanie Dick	33 Lincoln	NE	1:08:37	1:14:35	2:23:12
62 Leticia Atkinson	33 Lincoln	NE	1:15:45	1:08:38	2:24:23
63 Kelly Wemhoff	33 Lincoln	NE	1:11:45	1:12:42	2:24:27
64 Melanie Ferguson	34 Elkhorn	NE	1:10:36	1:14:08	2:24:44
65 Jeni Saner	33 Lincoln	NE	1:13:15	1:12:08	2:25:23
66 Rebecca Schademann	30 Lincoln	NE	1:07:13	1:19:13	2:26:26
67 Kate Smith	34 Hickman	NE	1:09:38	1:17:09	2:26:47
68 Jocelyn Crabtree	32 Lincoln	NE	1:13:39	1:14:26	2:28:05
69 Anna Miller	32 Glenvil	NE	1:07:21	1:21:21	2:28:42
70 Krysta Foster	33 Eagle	NE	1:12:53	1:17:01	2:29:54
71 Ashley Garey	33 Lincoln	NE	1:12:54	1:17:52	2:30:46
72 Ashleigh Dawson	30 Papillion	NE	1:10:05	1:21:02	2:31:07
73 Natalie Fergus	32 Lincoln	NE	1:13:31	1:17:56	2:31:27
74 Amy Garcia	32 Omaha	NE	1:13:41	1:18:03	2:31:44
75 Kim Metzger	34 Adams	NE	1:17:22	1:14:45	2:32:07
76 Tracie Roarty	33 La Vista	NE	1:16:22	1:18:08	2:34:30
77 Sara Degregorio	30 Omaha	NE	1:14:07	1:21:29	2:35:36
78 Stephanie Stelzer	30 Papillion	NE	1:15:44	1:20:14	2:35:58
79 Chelsea Kraus	30 Lincoln	NE	1:22:34	1:14:38	2:37:12
80 Shelly Cruz	34 Kansas City	KS	1:21:42	1:16:40	2:38:22
81 Ashley Conway	30 Lincoln	NE	1:17:04	1:22:34	2:39:38
82 Katie Navratil	33 Omaha	NE	1:15:47	1:24:25	2:40:12
83 Sarah Elger	31 Aurora	NE	1:25:15	1:16:24	2:41:39
84 Molly Stuhr	34 Lincoln	NE	1:17:17	1:24:37	2:41:54
85 Melodi Wheeler	30 Lincoln	NE	1:15:16	1:27:56	2:43:12
86 Becky Ziemba	34 Omaha	NE	1:21:01	1:24:09	2:45:10
87 Lindsay Crawford	34 Hickman	NE	1:24:27	1:27:38	2:52:05
88 Carisa Roberts	34 Omaha	NE	1:26:11	1:28:30	2:54:41

89	Morgan Gerteisen	30	Eagle	NE	1:33:15	1:23:25	2:56:40
90	Carrie Badberg	31	Cook	NE	1:28:19	1:29:41	2:58:00
91	Penny Mooney	32	Holdrege	NE	1:27:47	1:35:23	3:03:10
92	Tessa Harris	34	Lincoln	NE	1:24:05	1:39:17	3:03:22
93	Megan Ingram	32	Hildreth	NE	1:33:30	1:31:31	3:05:01
94	Megan Manning-Kechely	33	Lincoln	NE	1:28:23	1:39:48	3:08:11
95	Rachel Kunkle	34	Omaha	NE	1:38:31	1:36:35	3:15:06
96	Tara Moore	34	Lincoln	NE	1:41:43	1:39:42	3:21:25
97	Patricia Fonfara	34	Lincoln	NE	1:41:04	1:56:23	3:37:27
98	Amanda Koch	32	Seward	NE	1:56:54	1:45:10	3:42:04

MALE INDIVIDUAL AGE GROUP: 30 - 34

Place	Age	City	St	#1	#2	#3	Tot
1	33	Clarkson	NE	0:39:21	0:38:49		1:18:10
2	33	Lincoln	NE	0:41:22	0:40:00		1:21:22
3	33	Lincoln	NE	0:39:43	0:41:45		1:21:28
4	32	Lincoln	NE	0:43:32	0:44:44		1:28:16
5	30	Hickman	NE	0:44:52	0:44:35		1:29:27
6	32	Lincoln	NE	0:45:13	0:44:44		1:29:57
7	34	Utica	NE	0:45:31	0:45:44		1:31:15
8	32	Shenandoah	IA	0:47:35	0:45:45		1:33:20
9	33	Lincoln	NE	0:49:08	0:46:33		1:35:41
10	31	Bellevue	NE	0:47:15	0:49:36		1:36:51
11	34	Seward	NE	0:50:57	0:46:56		1:37:53
12	30	Omaha	NE	0:54:53	0:46:51		1:41:44
13	30	Eagle	NE	0:52:16	0:51:16		1:43:32
14	30	Cedar Bluffs	NE	0:52:41	0:50:57		1:43:38
15	33	Omaha	NE	0:50:50	0:53:40		1:44:30
16	32	Omaha	NE	0:52:21	0:52:53		1:45:14
17	31	Omaha	NE	0:54:57	0:53:48		1:48:45
18	33	Papillion	NE	0:54:56	0:55:06		1:50:02
19	32	Papillion	NE	1:00:01	0:54:03		1:54:04
20	32	Lincoln	NE	0:58:50	0:56:22		1:55:12
21	33	Bellevue	NE	0:56:26	0:58:53		1:55:19
22	34	Gretna	NE	0:59:45	0:55:36		1:55:21

23	Michael Baine	32	Omaha	NE	0:57:41	0:59:13	1:56:54
24	Dustin Thompson	30	Kearney	NE	0:57:14	1:04:38	2:01:52
25	Ben Taylor	30	Lincoln	NE	1:00:24	1:05:03	2:05:27
26	Brock Minert	33	Lincoln	NE	0:59:45	1:05:58	2:05:43
27	Matthew Clements	33	Lincoln	NE	1:02:12	1:05:28	2:07:40
28	Mark Didde	32	Lincoln	NE	1:01:04	1:06:55	2:07:59
29	Andy Piotrowski	33	Omaha	NE	1:04:33	1:05:48	2:10:21
30	Jake Kopocis	30	Elkhorn	NE	0:58:46	1:14:22	2:13:08
31	Shane Weaver	33	Omaha	NE	1:05:45	1:10:28	2:16:13
32	Bret Grinde	30	Omaha	NE	1:11:40	1:07:59	2:19:39
33	Zach Ziemba	34	Omaha	NE	1:08:14	1:12:23	2:20:37
34	Chris Scalzo	33	Omaha	NE	1:22:29	1:03:59	2:26:28
35	Jeremy Bloch	32	Lincoln	NE	1:20:08	1:21:39	2:41:47
36	Mike Chong	32	Papillion	NE	1:18:28	1:28:25	2:46:53

FEMALE INDIVIDUAL AGE GROUP: 35 - 39

Place	Age	City	St	#1	#2	#3	Tot
=====	=====	=====	==	=====	=====	=====	=====
1	Katy Biehl	37	Syracuse	NE	0:46:34	0:48:26	1:35:00
2	Kristy Preuss	37	Gretna	NE	0:49:21	0:48:54	1:38:15
3	Christine Sales	39	Olathe	KS	0:49:28	0:49:37	1:39:05
4	Sarah Neubert	36	Omaha	NE	0:51:09	0:48:58	1:40:07
5	Lora Ullerich	39	Omaha	NE	0:45:25	0:54:57	1:40:22
6	Jayme Lowell	37	Lincoln	NE	0:50:07	0:52:47	1:42:54
7	Pat Philippi	35	Kearney	NE	0:50:26	0:52:38	1:43:04
8	Mindy Morrissey	38	La Vista	NE	0:51:54	0:52:08	1:44:02
9	Jenny Albertson	36	Elkhorn	NE	0:50:29	0:55:03	1:45:32
10	Stephanie Huddle	37	Lincoln	NE	0:52:12	0:54:32	1:46:44
11	Denise Hicks	38	Papillion	NE	0:53:01	0:54:39	1:47:40
12	Monica Miller	35	Lyons	NE	0:51:24	0:56:46	1:48:10
13	Janene Cobia	39	Papillion	NE	0:53:47	0:55:07	1:48:54
14	Erin Mohring	36	Omaha	NE	0:49:21	0:59:59	1:49:20
15	Nikole Larson	37	Omaha	NE	0:52:45	0:57:17	1:50:02
16	Karen Buikema	35	Papillion	NE	0:52:10	0:58:23	1:50:33
17	Dana Ford	39	Lincoln	NE	0:56:18	0:55:04	1:51:22
18	Amanda Wellman	37	Omaha	NE	0:47:52	1:04:10	1:52:02

19	Kylie Burley	36	Omaha	NE	0:58:54	0:55:59	1:54:53
20	Denise Fields	38	Lincoln	NE	0:55:43	0:59:26	1:55:09
21	Brittney Altwine	36	Pella	IA	0:58:26	0:57:47	1:56:13
22	Jil Johnson	36	Gretna	NE	0:58:07	0:58:44	1:56:51
23	Jessica Hydo	36	Lincoln	NE	0:57:25	1:01:06	1:58:31
24	Benna Tomasello	38	Omaha	NE	1:00:29	0:58:27	1:58:56
25	Daniela Morales-Sanche	36	Lincoln	NE	0:57:56	1:01:52	1:59:48
26	Amy Clark	37	Lincoln	NE	1:01:14	0:58:58	2:00:12
27	Liz Ciavarella	37	Papillion	NE	0:59:55	1:00:42	2:00:37
28	Erin Miles	38	Bennington	NE	1:03:43	0:57:29	2:01:12
29	Niki Timme	39	Fremont	NE	0:57:05	1:04:12	2:01:17
30	Rachel Cloran	35	Farwell	NE	0:59:58	1:01:21	2:01:19
31	Jaime Feldman	36	Kearney	NE	0:57:17	1:04:37	2:01:54
32	Michele Prell	39	Gretna	NE	1:00:27	1:01:28	2:01:55
33	Kari Wade	38	Lincoln	NE	1:01:16	1:00:39	2:01:55
34	Jennifer Coon	35	Lincoln	NE	1:01:13	1:01:12	2:02:25
35	Maggie Holmes	36	Omaha	NE	0:57:01	1:06:02	2:03:03
36	Lindy Andersen	39	Omaha	NE	1:00:53	1:02:50	2:03:43
37	Sarah Jansa	36	Wahoo	NE	1:00:30	1:03:18	2:03:48
38	Kristin Nelson	38	Omaha	NE	0:59:50	1:04:06	2:03:56
39	Amy Cariotto	38	Lincoln	NE	1:03:23	1:01:02	2:04:25
40	Marcie Reed	35	Pleasant Dale	NE	1:03:43	1:02:07	2:05:50
41	Rayna Lane	35	Nebraska City	NE	0:59:55	1:06:39	2:06:34
42	Nicole Gross	38	Waverly	NE	0:55:29	1:11:20	2:06:49
43	Erin Longenecker	38	Wahoo	NE	1:03:20	1:03:58	2:07:18
44	Carly Turner	37	Omaha	NE	1:02:30	1:05:03	2:07:33
45	Karla Smith	38	Glenwood	IA	1:03:08	1:05:12	2:08:20
46	April Lambert	35	Lincoln	NE	1:04:21	1:04:23	2:08:44
47	Season Epp	39	Lincoln	NE	1:03:28	1:05:21	2:08:49
48	Carie Bruss	39	Lincoln	NE	1:03:38	1:05:51	2:09:29
49	Kim McCoy	38	Omaha	NE	1:05:02	1:04:54	2:09:56
50	Jill Oltman	39	Denton	NE	1:06:40	1:03:16	2:09:56
51	Alex Arroyo	35	Lincoln	NE	1:06:32	1:03:45	2:10:17
52	Meghan Lyle	35	Bellevue	NE	1:05:55	1:04:33	2:10:28
53	Heidi O'Connell	38	Omaha	NE	1:07:22	1:03:24	2:10:46
54	Lindsey Skwira	37	Bennington	NE	1:07:32	1:04:18	2:11:50
55	Nina Urban	36	Omaha	NE	1:08:48	1:04:36	2:13:24
56	Carla Fritz	37	Omaha	NE	1:08:04	1:05:48	2:13:52

57	Darcie Mackling	35	Gretna	NE	1:03:47	1:10:36	2:14:23
58	Holly Gaebel	38	Lincoln	NE	1:06:52	1:07:35	2:14:27
59	Dianna Larson	35	Council Bluffs	IA	1:08:15	1:06:12	2:14:27
60	Anne Cunningham	39	La Vista	NE	1:07:54	1:06:34	2:14:28
61	Stacey Walsh	39	Lincoln	NE	1:03:01	1:11:53	2:14:54
62	Regan Taylor	38	Bellevue	NE	1:06:51	1:08:07	2:14:58
63	Alison Beardsley	35	La Vista	NE	1:05:17	1:10:22	2:15:39
64	Nicole Groff	35	Bellevue	NE	1:08:33	1:07:11	2:15:44
65	Jennifer Fischer	37	Grand Island	NE	1:07:56	1:07:54	2:15:50
66	Rebecca Unterseher	36	Lincoln	NE	1:08:51	1:07:26	2:16:17
67	Jamie Willms	36	Hubbard	IA	1:08:27	1:08:12	2:16:39
68	Laura Bartlett	35	Papillion	NE	1:03:39	1:13:08	2:16:47
69	Leah Shaw	36	Lincoln	NE	1:07:24	1:09:44	2:17:08
70	Amanda Spaulding	35	Bellevue	NE	1:09:00	1:08:25	2:17:25
71	Shanna Niedbalski	36	Columbus	NE	1:11:40	1:05:53	2:17:33
72	Andrea Morales	39	Clatonia	NE	1:05:03	1:12:42	2:17:45
73	Julie Hudson	37	Omaha	NE	1:07:47	1:09:59	2:17:46
74	Ashley McCracken	35	Lincoln	NE	1:08:55	1:09:51	2:18:46
75	Monica Freeman	38	Omaha	NE	1:06:36	1:12:14	2:18:50
76	Jody Friesen	37	Sutton	NE	1:09:51	1:09:06	2:18:57
77	Natasha Kusek	36	Lincoln	NE	1:05:01	1:14:00	2:19:01
78	Sarah Vander Pol	39	Walton	NE	1:07:31	1:11:53	2:19:24
79	Kaydee Gronewold	38	Lincoln	NE	1:08:22	1:11:25	2:19:47
80	Jillian Petersen	35	Omaha	NE	1:04:25	1:15:28	2:19:53
81	Amy Bruce	37	Papillion	NE	1:12:22	1:07:52	2:20:14
82	Kara Adamson	38	Bellevue	NE	1:06:02	1:14:23	2:20:25
83	Tracy Pearson	39	Omaha	NE	1:11:08	1:10:34	2:21:42
84	Marie Hoenig	37	Omaha	NE	1:03:26	1:19:08	2:22:34
85	Beth Vanek	35	Waverly	NE	1:07:16	1:15:38	2:22:54
86	Nicki Bordovsky	37	Colon	NE	1:09:11	1:15:23	2:24:34
87	Angela O'Neal	37	Lincoln	NE	1:12:05	1:13:24	2:25:29
88	Jenna Janulewicz	36	Grand Island	NE	1:12:09	1:13:54	2:26:03
89	Rose Anderson	38	Omaha	NE	1:09:54	1:16:15	2:26:09
90	Jacqui Donner	39	Lincoln	NE	1:01:13	1:25:22	2:26:35
91	Jodi Hammans	39	Omaha	NE	1:08:54	1:19:22	2:28:16
92	Erin Stubbendieck	38	Omaha	NE	1:13:55	1:16:09	2:30:04
93	Julie Warford	36	Wahoo	NE	1:09:59	1:20:16	2:30:15
94	Molly Thomas	35	Bellevue	NE	1:09:51	1:20:30	2:30:21

95 Rachel Bintz	36 La Vista	NE	1:12:34	1:18:13	2:30:47
96 Elizabeth Rakosky	35 Omaha	NE	1:13:41	1:18:02	2:31:43
97 Tiffany Buss	35 Lincoln	NE	1:15:24	1:16:46	2:32:10
98 Jessica Berens	36 Omaha	NE	1:14:42	1:17:43	2:32:25
99 Megan Hollibaugh	36 Omaha	NE	1:35:16	0:57:30	2:32:46
100 Robin Brester	38 Lincoln	NE	1:14:48	1:20:42	2:35:30
101 Elizabeth Kavan	39 Juniata	NE	1:15:19	1:21:19	2:36:38
102 Stacey Larson	36 Omaha	NE	1:17:11	1:20:24	2:37:35
103 Kacey Wandrey	39 Omaha	NE	1:16:08	1:21:35	2:37:43
104 Peggy Jones	39 Papillion	NE	1:20:02	1:18:42	2:38:44
105 Shannon Heninger	37 Lincoln	NE	1:21:23	1:19:16	2:40:39
106 Emily Killham	38 Lincoln	NE	1:22:41	1:18:34	2:41:15
107 Nikki Smith	37 Omaha	NE	1:16:57	1:30:10	2:47:07
108 Amy Dow	38 Papillion	NE	1:29:06	1:19:54	2:49:00
109 Mary King	36 Lincoln	NE	1:23:30	1:26:05	2:49:35
110 Brette Nichols	35 Lincoln	NE	1:26:27	1:25:15	2:51:42
111 Anne Zumbrunnen	36 Papillion	NE	1:32:40	1:19:19	2:51:59
112 Jennifer Ott	36 Henderson	NE	1:23:51	1:28:19	2:52:10
113 Kristin Polk	35 Lincoln	NE	1:14:47	1:38:15	2:53:02
114 Kristen Friedrichsen	36 Elkhorn	NE	1:29:43	1:23:29	2:53:12
115 Jenny Baxter	38 Papillion	NE	1:39:10	1:14:32	2:53:42
116 Brooke Ossenkop	35 Bennington	NE	1:25:18	1:28:56	2:54:14
117 Ingrid Esparza	36 Lincoln	NE	1:29:50	1:25:25	2:55:15
118 Denise Bone	37 Hordville	NE	1:22:54	1:33:09	2:56:03
119 Latava Sanders	36 Lincoln	NE	1:27:04	1:32:06	2:59:10
120 Kellie Wulf	35 Lincoln	NE	1:27:04	1:32:07	2:59:11
121 Molly Moller	38 Lincoln	NE	1:28:03	1:37:41	3:05:44
122 Kisha Arnold	35 North Platte	NE	1:28:30	1:37:51	3:06:21
123 Tabitha Mora	38 Omaha	NE	1:32:59	1:33:29	3:06:28
124 Brandy Higgins	36 Lincoln	NE	1:23:33	1:42:59	3:06:32
125 Amanda Kuta	37 Lincoln	NE	1:28:25	1:39:49	3:08:14
126 Heather Loewenstein	35 Lincoln	NE	1:32:01	1:39:12	3:11:13
127 Lindsey Keller	35 Lincoln	NE	1:42:56	1:45:55	3:28:51
128 Sara Fonfara	35 Lincoln	NE	1:41:03	1:56:23	3:37:26

MALE INDIVIDUAL AGE GROUP: 35 - 39

Place	Age	City	St	#1	#2	#3	Tot	
1	Jay	Oligmueller	36	Lincoln	NE	0:37:27	0:36:56	1:14:23
2	Scott	Haug	38	Elkhorn	NE	0:37:22	0:38:04	1:15:26
3	Stephen	Mohring	37	Omaha	NE	0:40:43	0:42:36	1:23:19
4	Marco	Veleccla	36	Columbus	NE	0:42:29	0:42:44	1:25:13
5	Trevor	Bohling	37	Omaha	NE	0:44:51	0:47:15	1:32:06
6	Timothy	Noerrlinger	37	Syracuse	NE	0:46:43	0:46:09	1:32:52
7	David	Spaulding	38	Bellevue	NE	0:46:54	0:47:27	1:34:21
8	Dustin	Robertson	36	Firth	NE	0:48:36	0:46:43	1:35:19
9	Nicholas	Potter	36	Omaha	NE	0:47:47	0:47:43	1:35:30
10	Greg	Howe	35	Lincoln	NE	0:46:44	0:49:23	1:36:07
11	Tom	Roddel	39	Lincoln	NE	0:46:54	0:49:40	1:36:34
12	Adam	Thimmesch	37	Lincoln	NE	0:49:17	0:47:41	1:36:58
13	Patrick	Quintana	38	Papillion	NE	0:48:15	0:50:40	1:38:55
14	Chris	Steffens	35	Lincoln	NE	0:48:45	0:50:42	1:39:27
15	William	Ferraro	39	Papillon	NE	0:49:44	0:51:03	1:40:47
16	Andrew	Hershey	38	Omaha	NE	0:49:18	0:52:20	1:41:38
17	Jason	Longnecker	36	Lincoln	NE	0:45:25	0:57:08	1:42:33
18	Andrew	Vinton	37	Lincoln	NE	0:49:25	0:53:10	1:42:35
19	David	Wise	39	Council Bluffs	IA	0:51:20	0:52:02	1:43:22
20	Kaleb	Nixon	37	Lincoln	NE	0:53:46	0:52:12	1:45:58
21	Michael	Tracy	38	Lincoln	NE	0:51:49	0:54:28	1:46:17
22	Joshua	Vest	37	Lincoln	NE	0:52:34	0:54:16	1:46:50
23	Jassiel	Garcia	35	Omaha	NE	0:54:23	0:53:32	1:47:55
24	Nate	Gaebel	38	Lincoln	NE	0:55:36	0:53:07	1:48:43
25	Michael	Blake	37	Lincoln	NE	0:57:46	0:52:27	1:50:13
26	Andrew	Whealy	37	Omaha	NE	0:56:22	0:55:27	1:51:49
27	Jeff	Sietstra	36	Papillon	NE	0:57:03	0:55:09	1:52:12
28	Jason	Goetzinger	36	Bellevue	NE	0:54:30	0:57:53	1:52:23
29	Paul	Gedbaw	35	Omaha	NE	0:53:55	0:58:59	1:52:54
30	Daniel	Hoenig	37	Omaha	NE	0:55:11	1:00:26	1:55:37
31	Andrew	Unterseher	36	Lincoln	NE	1:00:15	0:55:22	1:55:37
32	Jonathan	Fritz	38	Omaha	NE	0:55:20	1:02:21	1:57:41
33	Derek	Harris	35	Lincoln	NE	0:57:40	1:00:47	1:58:27
34	Tony	Ferguson	38	Elkhorn	NE	0:52:44	1:08:45	2:01:29
35	Aaron	Christian	36	Omaha	NE	1:01:28	1:00:46	2:02:14
36	Steven	Howser	36	Lincoln	NE	1:01:11	1:01:03	2:02:14

37 Phillip Jones	39 Papillion	NE	0:58:37	1:06:26	2:05:03
38 Michael Hudson	38 Omaha	NE	1:02:15	1:03:26	2:05:41
39 Owen Killham	39 Lincoln	NE	1:01:10	1:07:11	2:08:21
40 Praveen Potti	39 Lincoln	NE	0:57:29	1:11:39	2:09:08
41 Ryan Stubbendieck	38 Omaha	NE	1:04:46	1:04:26	2:09:12
42 Wynn Lafferty	36 Lincoln	NE	1:04:14	1:05:28	2:09:42
43 Todd Skwira	37 Bennington	NE	1:05:16	1:05:34	2:10:50
44 Praveen Gumudavalli	39 Lincoln	NE	0:57:30	1:13:30	2:11:00
45 Toby Shinaut	36 Omaha	NE	1:06:57	1:05:33	2:12:30
46 Jeff Jezbera	35 Hildreth	NE	1:02:10	1:10:41	2:12:51
47 Shaun Moore	36 Lincoln	NE	1:13:34	1:21:04	2:34:38
48 Chris Allen	38 Lincoln	NE	1:15:31	1:20:38	2:36:09
49 Jeff Fry	38 Lincoln	NE	1:10:24	1:31:45	2:42:09
50 Jeremiah Grant	35 Lincoln	NE	1:28:27	1:21:29	2:49:56
51 Cory Higgins	37 Lincoln	NE	1:07:39	1:42:57	2:50:36
52 Jon-David Heilman	35 Papillion	NE	1:12:23	1:42:49	2:55:12
53 Kory Keller	37 Lincoln	NE	1:40:54	1:28:03	3:08:57
54 Bradley Bolton	36 Omaha	NE	1:42:35	1:39:53	3:22:28

FEMALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Age	City	St	#1	#2	#3	Tot
=====	=====	=====	==	=====	=====	=====	=====
1 Lisa Sieczkowski	43	Omaha	NE	0:47:27	0:48:27		1:35:54
2 Jackie Burklund	43	Omaha	NE	0:49:23	0:49:50		1:39:13
3 Melissa Lightle	41	Gretna	NE	0:50:54	0:52:25		1:43:19
4 Jodi Seevers	42	Gretna	NE	0:52:53	0:51:48		1:44:41
5 Brooke Nech	40	Omaha	NE	0:53:29	0:54:03		1:47:32
6 Barb Stratman	43	Omaha	NE	0:52:12	0:55:25		1:47:37
7 Lory Van Tilburg	40	Underwood	IA	0:51:54	0:56:20		1:48:14
8 Sue Aliano	40	Omaha	NE	0:53:26	0:56:25		1:49:51
9 Nichol Dolezal	43	Omaha	NE	0:54:24	0:56:09		1:50:33
10 Sandra Wiese	43	Omaha	NE	0:54:12	0:56:24		1:50:36
11 Diane Katzdorn	42	Omaha	NE	0:53:49	1:00:42		1:54:31
12 Jenny Briseno	40	Lincoln	NE	0:54:12	1:00:31		1:54:43
13 Jill Classen	40	Omaha	NE	0:58:33	0:56:17		1:54:50
14 Amber Fader	41	Lincoln	NE	0:57:59	0:57:15		1:55:14

15	Jessica Bauer	41	Omaha	NE	0:58:21	0:57:46	1:56:07
16	Erin McKown	40	Albion	NE	0:59:00	0:57:30	1:56:30
17	Jennifer Hill	42	Elkhorn	NE	0:56:55	0:59:43	1:56:38
18	Erin Sanfilippo	40	La Vista	NE	0:58:07	0:59:53	1:58:00
19	Megan Johnson	41	Lincoln	NE	0:57:48	1:00:30	1:58:18
20	Melanie Verkler	42	Omaha	NE	1:07:00	0:53:14	2:00:14
21	Erin Colonna	42	Lincoln	NE	0:59:32	1:01:47	2:01:19
22	Amelia Fiser	43	Papillion	NE	0:58:51	1:02:28	2:01:19
23	Stacie Odom	40	Lincoln	NE	0:59:22	1:02:45	2:02:07
24	Holly Hafer	44	Blair	NE	0:59:45	1:02:45	2:02:30
25	Thea Bauer	41	Elkhorn	NE	0:59:51	1:02:46	2:02:37
26	Tanya Poehler	43	Cairo	NE	1:01:02	1:02:11	2:03:13
27	Jennifer Livermore	43	Lincoln	NE	0:59:55	1:03:33	2:03:28
28	Amy Pittman	43	Arlington	NE	0:59:41	1:04:01	2:03:42
29	Theresa Savage	41	Bellevue	NE	0:57:54	1:06:01	2:03:55
30	Melanie Reinke	43	Walton	NE	0:59:39	1:04:23	2:04:02
31	Erica Franks	40	Bellevue	NE	1:01:55	1:02:33	2:04:28
32	Marie Allely	40	Council Bluffs	IA	1:01:37	1:03:08	2:04:45
33	Kristine Rogers	43	Silver Creek	NE	1:01:11	1:04:13	2:05:24
34	Jodie Sherman	40	Bellevue	NE	1:03:05	1:02:27	2:05:32
35	Christi Smallfoot	43	Nebraska City	NE	1:01:19	1:06:38	2:07:57
36	Jennifer Adams	40	Omaha	NE	1:02:03	1:06:45	2:08:48
37	Trina Sevening-High	44	Omaha	NE	1:05:31	1:03:27	2:08:58
38	Emily Ethington	43	Omaha	NE	1:03:28	1:06:14	2:09:42
39	Colleen Hosick	42	Bellevue	NE	1:04:17	1:05:41	2:09:58
40	Hollie Ponce	42	Bennington	NE	1:04:02	1:07:18	2:11:20
41	Allie Hopkins	40	Omaha	NE	0:58:24	1:13:12	2:11:36
42	Lora Sypal	43	Lincoln	NE	1:08:03	1:05:01	2:13:04
43	Coni Meyer	40	Page	NE	1:07:24	1:05:52	2:13:16
44	Beth Gard	43	Omaha	NE	1:04:35	1:09:04	2:13:39
45	Cynthia Kinning	41	Omaha	NE	1:03:47	1:10:37	2:14:24
46	Andi Wernke	44	Lincoln	NE	1:08:26	1:05:58	2:14:24
47	Rachel Bonnema	40	Omaha	NE	1:06:51	1:08:07	2:14:58
48	Jennifer Neilan	43	Lincoln	NE	1:09:20	1:06:16	2:15:36
49	Dusty Decker	44	Lincoln	NE	1:05:13	1:10:31	2:15:44
50	Nicole Eddy	42	Papillion	NE	1:12:32	1:04:12	2:16:44
51	Wendy O'Dell	41	Lincoln	NE	1:07:17	1:09:28	2:16:45
52	Billie Jo Burns	42	Bellevue	NE	1:04:24	1:12:51	2:17:15

53	Melanie McCain	42	Omaha	NE	1:08:14	1:09:17	2:17:31
54	Amy Softley	42	Kearney	NE	1:03:25	1:14:40	2:18:05
55	Jennifer Schlueter	41	Lincoln	NE	1:06:21	1:12:00	2:18:21
56	Susan Crocker	42	Omaha	NE	1:04:39	1:14:35	2:19:14
57	Tami Lier	40	Lincoln	NE	1:07:31	1:11:53	2:19:24
58	Jennifer Andrews	42	Omaha	NE	1:08:20	1:11:07	2:19:27
59	Shelley Kramer	40	Papillion	NE	1:07:29	1:12:53	2:20:22
60	Lori Asher	43	Valley	NE	1:08:22	1:12:14	2:20:36
61	Heather Noerrlinger	41	Syracuse	NE	1:11:22	1:09:55	2:21:17
62	Kristi Morrow	41	Lincoln	NE	1:07:04	1:14:19	2:21:23
63	Steph Faust	43	Lincoln	NE	1:07:05	1:14:19	2:21:24
64	Mariana Schell	43	Lincoln	NE	1:08:21	1:13:15	2:21:36
65	Tawnya Roberts	44	Blair	NE	1:08:43	1:15:12	2:23:55
66	Melanie Mangers	41	Lincoln	NE	1:06:18	1:19:31	2:25:49
67	Chanda Nunnenkamp	40	York	NE	1:11:54	1:14:56	2:26:50
68	Tammy Shires	42	Auburn	NE	1:14:04	1:18:38	2:32:42
69	Jennifer Nickolite	42	Lincoln	NE	1:12:50	1:20:01	2:32:51
70	Danae Podraza	44	Lincoln	NE	1:12:39	1:20:50	2:33:29
71	Leslie Richter	41	Omaha	NE	1:15:52	1:18:56	2:34:48
72	Lisa Shimmin	42	Arapahoe	NE	1:18:12	1:18:04	2:36:16
73	Liz Girmus	43	Yutan	NE	1:17:08	1:21:41	2:38:49
74	Erica Heninger	40	Lincoln	NE	1:21:24	1:19:15	2:40:39
75	Jen Verzal	43	Lincoln	NE	1:15:34	1:25:15	2:40:49
76	Stephanie Strong	40	Lincoln	NE	1:17:44	1:25:35	2:43:19
77	Amy Burns	42	Kearney	NE	1:17:45	1:25:35	2:43:20
78	Cheryl McCarter	43	Lincoln	NE	1:18:04	1:25:51	2:43:55
79	Jennifer Foster	40	Lincoln	NE	1:28:02	1:23:37	2:51:39
80	Jennifer Paisley	40	Omaha	NE	1:29:02	1:22:48	2:51:50
81	Maria Engen	44	Fort Calhoun	NE	1:29:42	1:23:28	2:53:10
82	Sarah Haig	41	Bellevue	NE	1:23:03	1:30:09	2:53:12
83	Cheryl Curry	42	Plattsmouth	NE	1:28:57	1:24:51	2:53:48
84	Jami Knerl	40	Deshler	NE	1:26:26	1:29:32	2:55:58
85	Jessica Kottmeyer	43	Lincoln	NE	1:27:05	1:29:22	2:56:27
86	Janna Mashek	40	Gibbon	NE	1:42:36	1:15:34	2:58:10
87	Karen Ser	44	Bellevue	NE	1:31:45	1:36:13	3:07:58
88	Samantha Ryan	42	Omaha	NE	1:31:01	1:40:13	3:11:14
89	Kattie Williams	40	Omaha	NE	1:44:33	1:45:52	3:30:25
90	Shannon Steinmetz	42	Lincoln	NE	1:49:54	1:47:34	3:37:28

MALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Age	City	St	#1	#2	#3	Tot
1	40	Lincoln	NE	0:38:27	0:39:42		1:18:09
2	44	Axtell	NE	0:39:03	0:39:58		1:19:01
3	43	Lincoln	NE	0:40:54	0:43:36		1:24:30
4	40	Olathe	KS	0:42:55	0:42:25		1:25:20
5	40	La Vista	NE	0:44:41	0:43:52		1:28:33
6	41	Lincoln	NE	0:45:03	0:48:37		1:33:40
7	40	Valparaiso	NE	0:48:54	0:50:24		1:39:18
8	41	Gretna	NE	0:52:33	0:51:33		1:44:06
9	43	Albion	NE	0:50:34	0:55:01		1:45:35
10	43	Lincoln	NE	0:52:43	0:53:10		1:45:53
11	40	Blair	NE	0:54:18	0:51:41		1:45:59
12	40	Lincoln	NE	0:53:51	0:53:07		1:46:58
13	44	Bellevue	NE	0:53:00	0:55:20		1:48:20
14	44	Lincoln	NE	0:56:46	0:53:31		1:50:17
15	43	Lincoln	NE	0:54:44	0:55:46		1:50:30
16	42	Page	NE	0:56:43	0:55:07		1:51:50
17	43	Lincoln	NE	0:55:40	0:57:20		1:53:00
18	41	Lincoln	NE	0:48:59	1:04:12		1:53:11
19	40	Omaha	NE	0:57:51	0:55:30		1:53:21
20	44	Omaha	NE	0:57:09	0:58:00		1:55:09
21	41	Lincoln	NE	0:57:28	0:58:09		1:55:37
22	42	Papillion	NE	0:56:36	0:59:19		1:55:55
23	44	Omaha	NE	0:56:57	1:00:08		1:57:05
24	40	Lincoln	NE	0:59:43	0:57:37		1:57:20
25	44	Omaha	NE	0:53:39	1:07:14		2:00:53
26	43	Cordova	NE	0:57:33	1:03:50		2:01:23
27	41	Papillion	NE	1:00:51	1:01:06		2:01:57
28	42	Lincoln	NE	1:02:31	1:02:13		2:04:44
29	42	Gretna	NE	0:55:12	1:09:33		2:04:45
30	44	Omaha	NE	1:01:54	1:03:16		2:05:10
31	44	Lincoln	NE	1:07:05	1:02:31		2:09:36
32	41	Cortland	NE	1:06:28	1:04:50		2:11:18

33	Todd Carmichael	43	David City	NE	1:04:42	1:07:17	2:11:59
34	Kiran Poda	44	Lincoln	NE	1:06:00	1:06:15	2:12:15
35	Corey Jackson	40	Council Bluffs	IA	1:06:57	1:05:48	2:12:45
36	Travis Lightle	40	Gretna	NE	1:10:09	1:08:30	2:18:39
37	Dave Fosbinder	43	Lincoln	NE	1:14:02	1:08:47	2:22:49
38	Ryan Ponce	43	Bennington	NE	1:15:16	1:07:48	2:23:04
39	Christopher Young	40	Stromsburg	NE	1:08:48	1:14:30	2:23:18
40	Scott Brester	41	Lincoln	NE	1:06:46	1:20:41	2:27:27
41	Stephen Sael	41	Lincoln	NE	1:17:22	1:16:04	2:33:26
42	Greg Ryan	43	Omaha	NE	0:57:51	1:40:11	2:38:02
43	Eric Burklund	41	Omaha	NE	1:19:42	1:21:18	2:41:00
44	Michael Fergus	41	Lincoln	NE	1:28:26	1:22:21	2:50:47
45	Jay Ser	41	Bellevue	NE	1:54:53	1:43:49	3:38:42

FEMALE INDIVIDUAL AGE GROUP: 45 - 49

Place	Age	City	St	#1	#2	#3	Tot
=====	=====	=====	==	=====	=====	=====	=====
1	48	Omaha	NE	0:52:08	0:53:34		1:45:42
2	46	Syracuse	NE	0:58:51	1:02:10		2:01:01
3	45	Bennet	NE	0:59:12	1:01:59		2:01:11
4	46	Lincoln	NE	1:00:29	1:00:45		2:01:14
5	46	Hastings	NE	1:01:10	1:03:07		2:04:17
6	45	Papillion	NE	1:07:29	0:57:11		2:04:40
7	45	Omaha	NE	1:00:46	1:04:37		2:05:23
8	46	Elkhorn	NE	1:00:34	1:07:13		2:07:47
9	45	Omaha	NE	1:00:55	1:08:07		2:09:02
10	47	Manley	NE	1:04:45	1:08:14		2:12:59
11	46	Elkhorn	NE	1:07:42	1:06:18		2:14:00
12	45	Gretna	NE	1:03:37	1:10:54		2:14:31
13	48	Gretna	NE	1:09:48	1:08:18		2:18:06
14	48	Grafton	NE	1:12:26	1:06:45		2:19:11
15	49	Lincoln	NE	1:09:52	1:09:42		2:19:34
16	45	Lincoln	NE	1:08:14	1:11:21		2:19:35
17	48	Papillion	NE	1:14:33	1:07:17		2:21:50
18	47	Lincoln	NE	1:10:07	1:11:50		2:21:57
19	48	Omaha	NE	1:10:49	1:11:23		2:22:12

20	Jodi McGill	49	Lincoln	NE	1:09:52	1:12:20	2:22:12
21	Denise Drake	45	Eagle	NE	1:07:00	1:17:03	2:24:03
22	Bobbie Vogel	46	Omaha	NE	1:11:06	1:18:25	2:29:31
23	Jennifer Kramer	45	Gretna	NE	1:12:29	1:17:43	2:30:12
24	Patricia Mundorf	45	Lincoln	NE	1:18:18	1:22:17	2:40:35
25	Kim Kanellis	47	Omaha	NE	1:19:23	1:28:49	2:48:12
26	Nicole Rossitto	48	Omaha	NE	1:26:11	1:26:11	2:52:22
27	Angie Flaherty	46	Omaha	NE	1:23:03	1:30:09	2:53:12
28	Julie Thielen	46	Lincoln	NE	1:26:56	1:27:42	2:54:38
29	Michelle Burnett	49	Anselmo	NE	1:28:42	1:29:38	2:58:20
30	Kristine Strand	47	Lincoln	NE	1:34:55	1:30:45	3:05:40
31	Connie Thomas	48	Columbus	NE	1:32:01	1:39:45	3:11:46
32	Gretchen Ritterlmg	47	Greenwood	NE	1:34:43	1:39:17	3:14:00
33	Ann Blunt	48	Grand Island	NE	1:39:58	1:45:27	3:25:25
34	Valerie Morris	45	Lincoln	NE	1:38:15	1:49:26	3:27:41
35	Shellie Rathjen	49	York	NE	1:41:08	1:49:27	3:30:35

MALE INDIVIDUAL AGE GROUP: 45 - 49

Place		Age	City	St	#1	#2	#3	Tot
=====	=====	===	=====	==	=====	=====	=====	=====
1	David Seevers	49	Gretna	NE	0:43:09	0:42:41		1:25:50
2	Greg Hanel	47	Lincoln	NE	0:43:02	0:44:21		1:27:23
3	Chad Lunders	48	Lincoln	NE	0:45:09	0:45:24		1:30:33
4	Shawn Allen	47	Lincoln	NE	0:44:31	0:47:05		1:31:36
5	Dean Trampe	47	Amherst	NE	0:46:40	0:47:24		1:34:04
6	Paul Brinkman	45	Lincoln	NE	0:45:27	0:48:41		1:34:08
7	Don Thoms	47	Omaha	NE	0:50:50	0:45:41		1:36:31
8	Mitch Jones	46	Lincoln	NE	0:50:36	0:51:28		1:42:04
9	Craig Pleskac	47	Lincoln	NE	0:52:05	0:50:14		1:42:19
10	Brent Bostwick	49	Omaha	NE	0:51:55	0:52:20		1:44:15
11	Michael Wiese	45	Omaha	NE	0:49:21	0:56:24		1:45:45
12	Brad McDonald	48	Omaha	NE	0:49:36	1:00:06		1:49:42
13	Andrew Tweedy	49	Bennington	NE	0:53:32	0:57:59		1:51:31
14	Steve Swanson	49	Lincoln	NE	0:58:48	0:58:31		1:57:19
15	Matthew Bellamy	49	Cairo	NE	1:00:00	1:00:22		2:00:22
16	Patrick Bennett	46	Lincoln	NE	0:58:21	1:04:18		2:02:39

17	Dan Pokorney	47	Kearney	NE	1:02:54	1:00:43	2:03:37
18	Steve Oberdin	46	Omaha	NE	0:55:55	1:10:06	2:06:01
19	Steve Carstensen	49	Lincoln	NE	1:02:46	1:04:13	2:06:59
20	Jeff Larsen	46	Lincoln	NE	1:06:19	1:05:30	2:11:49
21	Jim Collison	49	Bellevue	NE	1:12:27	1:02:25	2:14:52
22	George Hammett	45	Lincoln	NE	1:04:20	1:10:36	2:14:56
23	Jerry Rector	46	Roca	NE	1:01:03	1:15:07	2:16:10
24	Jeff Martinson	45	Omaha	NE	1:08:28	1:08:15	2:16:43
25	Matt Collins	48	Lincoln	NE	0:58:18	1:18:50	2:17:08
26	Carl Franklin	45	Aurora	NE	1:22:41	0:55:29	2:18:10
27	Douglas Heimes	48	Gretna	NE	1:04:26	1:14:49	2:19:15
28	Trey Nelson	46	Bennet	NE	1:13:28	1:09:47	2:23:15
29	Erik Bullard	45	Omaha	NE	1:06:16	1:17:43	2:23:59
30	Chris Kirke	45	Council Bluffs	IA	1:07:48	1:17:46	2:25:34
31	Matt Mundorf	47	Lincoln	NE	1:14:14	1:15:17	2:29:31
32	Jerry Alumbaugh	46	Papillion	NE	1:23:34	1:23:17	2:46:51

FEMALE INDIVIDUAL AGE GROUP: 50 - 54

Place	Age	City	St	#1	#2	#3	Tot
=====	=====	=====	==	=====	=====	=====	=====
1	Sarah Fredrickson	54	Omaha	NE	0:48:57	0:48:43	1:37:40
2	Ann Neal	54	Lincoln	NE	0:51:43	0:53:22	1:45:05
3	Pam Dubas	51	Omaha	NE	0:53:10	0:54:46	1:47:56
4	Karla Labenz	54	Clarkson	NE	0:58:46	0:56:57	1:55:43
5	Laura Bostwick	53	Omaha	NE	0:54:30	1:01:30	1:56:00
6	Deanna Walter	50	Lincoln	NE	1:00:32	1:05:24	2:05:56
7	Susie Duncan	52	Omaha	NE	1:01:04	1:05:01	2:06:05
8	Julie Kruckeberg	53	South Bend	NE	1:03:30	1:03:14	2:06:44
9	Susan Stauffer	53	Lincoln	NE	1:03:11	1:04:22	2:07:33
10	Susan Townsend	51	Lincoln	NE	1:07:25	1:02:06	2:09:31
11	Amy Oberdin	50	Omaha	NE	1:04:58	1:10:16	2:15:14
12	Kim Jackman	50	Sabetha	KS	1:09:03	1:06:31	2:15:34
13	Mako Jacobs	50	Omaha	NE	1:09:07	1:07:48	2:16:55
14	Dayna Conow	54	Lincoln	NE	1:08:36	1:11:21	2:19:57
15	Rebecka Schafer	54	Lincoln	NE	1:06:48	1:13:17	2:20:05
16	Kelly Kostszewa	51	Valley	NE	1:09:10	1:12:17	2:21:27

17	Lori Pracheil	53	Dorchester	NE	1:02:36	1:19:13	2:21:49
18	Ramona Daryani	53	Elkhorn	NE	1:07:53	1:14:04	2:21:57
19	Neika Coughlin	53	Nehawka	NE	1:11:01	1:11:12	2:22:13
20	Heather Schuette	53	Lincoln	NE	1:03:25	1:18:52	2:22:17
21	Stephanie Ernesti	52	Lincoln	NE	1:23:36	1:10:29	2:34:05
22	Karen Hedglin	51	Lincoln	NE	1:20:06	1:17:57	2:38:03
23	Kristy Crissler	51	Stilwell	KS	1:19:02	1:19:06	2:38:08
24	Julie North	52	Auburn	NE	1:19:56	1:21:24	2:41:20
25	Christine Vu	51	Omaha	NE	1:27:43	1:15:37	2:43:20
26	Holly Ortega	52	Grand Island	NE	1:18:13	1:25:09	2:43:22
27	Diane Lichty	51	Seward	NE	1:20:45	1:24:37	2:45:22
28	Lee Heflebower	50	Lincoln	NE	1:20:46	1:24:37	2:45:23
29	Susan Davidson	52	Wahoo	NE	1:21:47	1:24:23	2:46:10
30	Linda Williamson	53	Lincoln	NE	1:23:36	1:27:40	2:51:16
31	Tami Nagle	54	Lincoln	NE	1:20:04	1:31:58	2:52:02
32	Vera Herrero	51	Omaha	NE	1:33:15	1:34:06	3:07:21

MALE INDIVIDUAL AGE GROUP: 50 - 54

Place		Age	City	St	#1	#2	#3	Tot
=====	=====	===	=====	==	=====	=====	=====	=====
1	Robert Kelsey	50	Omaha	NE	0:53:35	0:57:29		1:51:04
2	Jim Workman	53	O'Neill	NE	0:56:42	0:57:36		1:54:18
3	Scott Duncan	50	Omaha	NE	0:56:46	0:58:40		1:55:26
4	Robert Fuoss	51	Castle Rock	CO	0:57:45	0:58:47		1:56:32
5	Vinnie Macklin	51	Lincoln	NE	0:59:39	1:01:03		2:00:42
6	David Ernesti	53	Lincoln	NE	1:01:26	1:02:07		2:03:33
7	Rick Langstraat	54	Papillion	NE	1:02:21	1:02:17		2:04:38
8	John Corrado	52	Omaha	NE	0:58:46	1:09:12		2:07:58
9	James Johnson	51	Sabetha	KS	1:05:04	1:10:45		2:15:49
10	Marty Walter	50	Lincoln	NE	1:01:45	1:19:28		2:21:13
11	David Creamer	53	Omaha	NE	1:10:23	1:11:11		2:21:34
12	Michael Zimmerman	54	Papillion	NE	1:12:30	1:22:55		2:35:25
13	C Todd Cook	52	Omaha	NE	1:17:56	1:22:53		2:40:49
14	Mark Hoffman	52	Lincoln	NE	1:23:23	1:30:37		2:54:00

FEMALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Age	City	St	#1	#2	#3	Tot
1	55	Lincoln	NE	0:51:22	0:52:35		1:43:57
2	58	Omaha	NE	1:02:38	1:00:55		2:03:33
3	57	Valparaiso	NE	1:00:59	1:03:18		2:04:17
4	57	Kearney	NE	1:02:08	1:03:09		2:05:17
5	56	Auburn	NE	1:05:04	1:01:04		2:06:08
6	58	Auburn	NE	1:00:53	1:05:24		2:06:17
7	57	Omaha	NE	1:02:30	1:04:15		2:06:45
8	57	Papillion	NE	1:04:25	1:03:29		2:07:54
9	56	Hastings	NE	1:05:42	1:06:39		2:12:21
10	59	Lincoln	NE	1:08:56	1:06:29		2:15:25
11	56	Lincoln	NE	1:06:38	1:09:49		2:16:27
12	55	Nebraska City	NE	1:11:09	1:07:30		2:18:39
13	56	Omaha	NE	1:13:30	1:18:19		2:31:49
14	55	Lincoln	NE	1:17:50	1:16:57		2:34:47
15	58	Plattsmouth	NE	1:13:01	1:23:07		2:36:08
16	56	Omaha	NE	1:16:32	1:22:56		2:39:28
17	55	Omaha	NE	1:24:34	1:28:50		2:53:24

MALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Age	City	St	#1	#2	#3	Tot
1	59	Columbus	NE	0:46:51	0:48:13		1:35:04
2	58	Lincoln	NE	0:50:01	0:52:09		1:42:10
3	55	Lincoln	NE	0:51:43	0:53:24		1:45:07
4	58	Grand Island	NE	0:53:14	0:51:56		1:45:10
5	56	Papillion	NE	0:53:55	0:54:38		1:48:33
6	58	Lincoln	NE	0:56:23	0:53:06		1:49:29
7	56	Nebraska City	NE	0:57:45	1:08:03		2:05:48
8	58	Plattsmouth	NE	1:05:58	1:23:07		2:29:05
9	56	Lincoln	NE	1:12:39	1:22:15		2:34:54
10	55	Omaha	NE	1:24:51	1:27:34		2:52:25
11	57	Omaha	NE	1:25:12	1:30:25		2:55:37

FEMALE INDIVIDUAL AGE GROUP: 60 - 64

Place	Age	City	St	#1	#2	#3	Tot
1	64	Riverdale	NE	0:52:57	0:53:36		1:46:33
2	63	Wahoo	NE	1:00:02	1:01:08		2:01:10
3	63	Omaha	NE	1:04:10	0:57:43		2:01:53
4	62	Dell Rapids	SD	1:03:12	1:11:47		2:14:59
5	62	Grand Island	NE	1:10:05	1:08:28		2:18:33
6	60	Roca	NE	1:10:20	1:11:59		2:22:19
7	64	Burr	NE	1:16:36	1:17:12		2:33:48
8	64	Lincoln	NE	1:18:11	1:15:55		2:34:06
9	63	Syracuse	NE	1:23:34	1:21:56		2:45:30
10	62	Omaha	NE	1:38:04	1:40:34		3:18:38
11	60	Verdon	NE	1:44:50	1:46:46		3:31:36

MALE INDIVIDUAL AGE GROUP: 60 - 64

Place	Age	City	St	#1	#2	#3	Tot
1	64	Verdon	NE	0:54:38	0:55:40		1:50:18
2	61	Stella	NE	0:55:47	0:57:37		1:53:24
3	64	Seward	NE	1:09:43	1:04:39		2:14:22

FEMALE INDIVIDUAL AGE GROUP: 65 - 69

Place	Age	City	St	#1	#2	#3	Tot
1	67	Omaha	NE	0:55:03	1:01:48		1:56:51
2	65	Papillion	NE	1:29:05	1:21:40		2:50:45
3	65	Lincoln	NE	1:28:30	1:27:23		2:55:53
4	66	Lincoln	NE	1:28:38	1:32:34		3:01:12